

HEALTH AND FITNESS MANAGEMENT CERTIFICATE – M101

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E-Institute: <http://webtide.hccd.edu> Courses in red are not available online.

The Health and Fitness Management Certificate program will prepare the student for a management position in the field of health and fitness. Students will study health/fitness and management classes in this option.

Term/Grade	Course Number	Course Name	Course Credits
PROGRAM REQUIREMENTS			26
_____	ACC 111	Principles of Accounting I	3
_____	BIO 117	Anatomy & Physiology I*	4
_____	BIO 118	Anatomy & Physiology II	4
_____	HFN 172	Introduction to Health & Fitness	2
_____	HFN 190	Fitness Seminar/Internship ¹	3
_____	HFN 103	Standard First Aid and Personal Safety/CPR <u>or</u>	
_____	HFN 104	Sports First Aid	1
_____	MGT 230	Principles of Management	3
_____	MKT 226	Principles of Advertising	3
_____	NTR 101	Introduction to Nutrition	3
PROGRAM ELECTIVES			3
<i>Select one of the following electives:</i>			
_____	HFN 179	Current Issues In Sport and Fitness	3
_____	MGT 231	Human Resource Management	3
_____	MKT 227	Customer Service and Sales	3
Total Credits			29

NOTES:

¹ HFN 190 should be taken as one of the final classes in this program.

* Pre-requisite BIO 100 or BIO 103